



## Information on Medicare referrals

Occupational Therapy Whitsunday is a registered Better Access to Mental Health Provider and can see children who have anxiety, behaviour or conduct issues. See below for more details.

### Better Access to Mental Health Items (BAMH)

Requires a GP mental health plan or referral from psychiatrist or paediatrician. Eligible patients can claim 6 sessions per calendar year (up to 10 if required) that provide focussed psychological strategies.

Occupational Therapy Whitsunday is able to provide Focussed Psychological Strategies (FPS). It is the medical practitioner's clinical decision regarding appropriateness of referral for BAMH for an assessed mental disorder that significantly interferes with a person's cognitive, emotional and social functioning. Some paediatric conditions that benefit from FPS are: generalized anxiety disorder, attention deficit disorder, sleep problems, enuresis (nonorganic), eating disorders (sensory based), behavioural and conduct issues. Anxiety disorders are associated in the literature with conditions such as Sensory Processing Disorder, Developmental Coordination Disorder, Attention Deficit Disorder, Specific Learning Problems and Autistic Spectrum Disorder.

*OTW area of expertise is with anxiety, autism, attention, behavioural and/or adaptive functioning problems associated with sensory processing or specific learning problems.*

MBS ITEM No.: As OTW provides a paediatric service FPS are usually activity/play based and generally provide parent support and education. Most appointments are of an hour duration, therefore the MBS item number most likely to provide access to required service are:

- 80135 Occupational Therapy FPS Rooms (applies to Proserpine/Cannonvale/Airlie beach)
- 80140 Occupational Therapy FPS Home or school visit (this applies in Bowen).

### Chronic Disease Management Plan (CDMP)

General practice patients who have both a GPMP and TCAs from their GP, may be eligible for the individual allied health services on the Medicare Benefits Schedule.

Eligible patients can claim up to five allied health services per calendar year (MBS items 10950-10970) under Chronic Disease Management Plan.

MBS ITEM No.: Occupational Therapy MBS item number for CDM is 10958

Patients need to be referred by their GP for services recommended in their care plan, using the [referral form](#) issued by the Department of Health (or a form that contains all the components of the Department's form).

Please email, fax or post any CDM plan with allied health referral or BAMH Mental Health Plan and referral to the following address, thank you.

Email: [tina@otwhitsunday.com.au](mailto:tina@otwhitsunday.com.au)

Fax: 07 49483868

Post: Occupational Therapy Whitsunday  
Proserpine Community Centre  
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